

GARDEN  
OF  
IOS

SUNSET  
BAR  
&  
RESTAU  
RANT

# COFFEE

Direct trade Columbia & Ethiopia.  
Roasted in Syros.  
Freshly ground at Garden of Ios.

ESPRESSO ... 3,20 €

ESPRESSO • double ... 4,20 € • freddo ... 4,20 €

AMERICANO • single ... 3,40 € • double ... 4,40 €

GREEK COFFEE • freshly ground ... 2,80 €

FRAPPÉ ... 3,00 €

With organic milk (dairy or oat)

ESPRESSO MACCHIATO ... 3,40 €

FLAT WHITE ... 3,50 €

CAPPUCCINO ... 4,50 €

CAPPUCCINO • double ... 5,50 € • freddo ... 5,50 €

LATTE MACCHIATO ... 5,20 €

Our coffee drinks are also available  
decaffeinated freshly ground.  
Decaffeination is water processed,  
there is no chemical treatment.

# HOT TEA & INFUSIONS

Organic, or from our garden.  
Served in a teapot.

BLACK TEA ... 6,50 €

Darjeeling • India  
Earl Grey • Ceylon

GREEN TEA ... 6,50 €

Gunpowder • China  
Sencha Uchiyama • Japan

HERBAL INFUSIONS ... 6,50 €

Fresh thyme & rosemary

Fresh sage with honey

Fresh lemon with honey & ginger

Lemon verbena

Hibiscus flowers

Camomille with a sense  
of organic orange zest

Greek mountain tea

Wild cistus or rockrose

One of the most powerful plants

Garden of Ios tea

Greek mountain tea, fennel, lemongrass,  
eucalyptus, blackberry leaves,  
lemon and orange zest

# REFRESHMENTS

STILL SPRING WATER, Theoni, 1,0 l ... 6,50 €

SPARKLING WATER, Xino Nero, 0,25 l ... 4,70 €

SPARKLING WATER, Xino Nero, 0,75 l ... 6,80 €

TONIC WATER, Thomas Henry, 200 ml ... 4,50 €

SODA WATER, Thomas Henry, 200 ml ... 4,50 €

Homemade organic iced teas

HIBISCUS ... 6,50 €

FRESH LEMON & GINGER ... 7,50 €

FRESH LEMON, GINGER & TURMERIC ... 7,50 €

FRESH PRICKLY PEAR JUICE ... 7,00 €

Seasonal, from our garden

# BEER

SIRIS MicroBrewery

VOREIA I.P.A., 7 %, 0,33 l ... 6,80 €

Strong, intense aromas, bitter notes

VOREIA Session Pale Ale, 4,8 %, 0,33 l ... 6,80 €

VOREIA Low Alcohol, 0,8 %, 0,33 l ... 6,80 €

## NATURAL WINE

This is an additive-free wine.

Fermentation is achieved spontaneously, by indigenous natural yeasts residing in the air, soil and the surrounding area of the vineyard, including the cellars.

This unconventional method of vinification brings out the singularity of the terroir of a site, providing the wine drinker with a taste and aroma that encompasses the climate, vintage and vineyard.

This wine has an increased complexity of aromas and flavours and maintains its liveliness and freshness inside the bottle.

# WHITE WINES

DOMAINE DE KALATHAS • JERÔME BINDA  
Tinos

## SAINTE OBEISSANCE DRY WHITE

0,75 l ... 62,00 €

Appellation: Vin de Pays • No irrigation, biological • Grapes: 78 % Aspro Potamisi and 22 % Rozaki • Alcohol: 14,5 % • Total sulphites: 0 mg/l • Hand-harvested, single fruit harvesting from centenary and old traditional crawling vines, indigenous yeasts, lees, no filtering, no fining • This wine is fermented spontaneously, two years on the fine lees before bottling.

## 10+12 DRY WHITE

0,75 l ... 62,00 €

Appellation: Vin de Pays • Grapes: Aspro Potamisi • Alcohol: 14,2 % • Total sulphites: 0 mg/l • Hand-harvested, single fruit harvesting, from centenary and old traditional crawling vines, indigenous yeasts, lees, no filtering, no fining • This wine is fermented spontaneously, two years on the fine lees before bottling.

## PAPPOU! (A LA PARCELLE) DRY WHITE

0,75 l ... 62,00 €

Appellation: Vin de Pays • Grapes: 50 % Mavro Potamisi, 30 % Rozaki and 20 % Aspro Potamisi • Alcohol: 13 % • Total sulphites: 0 mg/l • Hand-harvested grapes from 50 to 150 year old franc de pied vines. Foot-trod, gentle slow vertical press, co-fermentation of three indigenous grapes, a tribute to the traditional family wine usually done by the grandfather (pappou) out of the family vineyard.

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# WHITE WINES

SANT 'OR WINERY  
Achaia • Peloponnese

SANTAMERIANA DRY WHITE  
0,75 l ... 36,00 €

Bright yellow-white colour, citrus peel bouquet with mineral notes; robust aftertaste and refreshing acidity.

Grapes: 100 % Santameriana • Soil: Slate, clay, schist rocks, no irrigation, biological • Alcohol: 12 % • Total sulphites: 28 mg/l • Indigenous yeasts, hand-harvested • Vinification: Free-run must, wild fermented, spontaneous malolactic fermentation, non-filtered.

ILIANA MALIHIN WINERY  
Rethymno • Crete

VIDIANO OLD VINES DRY WHITE  
0,75 l ... 74,00 €

Appellation: PGI Rethymno • Grapes: 100 % Vidiano • Vineyard age: 100 years • Soil: Clay, slate, no irrigation, biological • Alcohol: 14,5 % • Total sulphites: 40 mg/l • Indigenous yeasts, hand-harvested, biological cultivation.

SCLAVOS WINES WINERY  
Lixouri • Kefalonia

METAGITNION SEMI-DRY WHITE  
0,75 l ... 60,00

The traditional variety Bostilidi is cultivated with special care on the estate of the Sklavos family in Kechrionas, Palli. The vineyard consists of self-rooting stems over 90 years old, in cup-shaped configuration, with a yield of 250 kg / acre and an altitude of less than fifty meters. The principles of the biodynamic cultivation

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# WHITE WINES

method are applied in the vineyard and in the winemaking process, which highlights the characteristics of the variety in the special environment of the estate. The harvest takes place relatively late in the first fortnight of September. The wine produced is characterised as a strong fiery wine with a rich body and aromas reminiscent of dried raisins. Fermentation and maturation is done in French oak barrels, Allier 500 lt without added preservatives. Available in a limited number of bottles and continues a family tradition of 300 years.

Grapes: 100 % Bostilidi • Vineyard age: 100 years • Soil: Clay limestone, no irrigation, biological • Biodynamic cultivation, organic, Demeter certified • Alcohol: 12,6 % • Total sulphites: 25 mg/l • Indigenous yeasts, hand-harvested, non-filtered.

AFIANES WINERY  
Raches • Icaria

PITHARI DRY WHITE  
0,75 l ... 95,00 €

Cloudy with a bright gold colour, smoky, grapefruit and earthy scents (such as first rain and wet granite). A pure terroir wine, very complex, rich in minerals, with evolving taste and unique flavor. Hints of wild herbs, tobacco, citrus fruits and wet granite finish.

Occasion: For lovers.

Grapes: Begleri • Soil: Granite, no irrigation, biological • Alcohol: 11 % • Total sulphites: 0 mg/l • Indigenous yeasts, hand-harvested, non-filtered.

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# RETSINA

GEORGAS FAMILY WINERY  
Spata • Attica

## RETSINA BLACK LABEL DRY WHITE

0,15 l ... 9,20 €

0,75 l ... 46,00 €

Yellow-amber colour, citrusy and herbaceous scent with noticeable pine aromas, well integrated tannins and acidity, creating a textured sensation on the palate.

Traditional Appellation • Grapes: Savatiano 100 % • Soil: Clay loam, limestone, no irrigation, biodynamic, seaweed and sulfur dusting 1–2 times a year • Alcohol: 12,8 %, Total sulphites: 9 mg/l • Indigenous yeasts, hand-harvested, non-filtered • Certification: Demeter, organic wine, vegan • Wild fermented in stainless steel with 9 days of skin contact, co-fermentation with fresh local pine resin, no intervention and no addition of sulphites.

# ORANGE WINES

DOMAINE DE KALATHAS • JÉRÔME BINDA  
Tinos

## NOTIAS DRY ORANGE

0,75 l ... 62,00 €

Appellation: Vin de Pays • Grapes: 100 % Aspro Potamisi • Alcohol: 13,5 % • Total sulphites: 0 mg/l • A white wine processed like a red wine, a 3 weeks maceration of selected whole bunches of Aspro Potamisi, offering other aromatic facets of the endemic variety Aspro Potamisi. Aged on his fine lees for two years.

## SANT 'OR WINERY

Achaia • Peloponnese

## SANTAMERIANA DRY ORANGE

0,15 l ... 7,00 €

0,75 l ... 35,00 €

Appellation: PGI Achaia • Grapes: Santameriana • Soil: Slate, clay, no irrigation, organic • Alcohol: 13 % • Total sulphites: 28 mg/l • Indigenous yeasts, hand-harvested, non-filtered.

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# ORANGE WINES

## SCLAVOS WINES WINERY

Lixouri • Kefalonia

### VOSTILIDI DRY ORANGE

0,75 l ... 62,00 €

This wine comes from the local variety Vostilidi, located in the area of Paliki from autonomous biodynamic vineyards, 75 years of age. The vinification technique is with the skin contact method for the entire duration of the alcoholic fermentation which develops into a concrete egg tank 1.700 liters. Stay with the fine mud where the malolactic fermentation takes place for about a year. Filtration without filter follows. This process gives the feeling of fruit and freshness to the wine, but at the same time with an imposing acidity and a tannic exuberance creating a robust wine with a great aftertaste.

Grapes: Vostilidi • Vineyard age: 100 years • Soil: Clay, limestone, no irrigation, biological and biodynamic cultivation, certified organic • Alcohol: 13 % • Total sulphites: 35 mg/l • Indigenous yeasts, hand-harvested, non-filtered.

# ROSÉ WINES

## SIFLOGO WINERY

Lefkada

### MAVROPATRINO DRY ROSÉ

0,15 l ... 6,80 €

0,75 l ... 34,00 €

Mavropatrino is as rare of a grape variety as it gets, and Siflogo is perhaps the only winery cultivating and vinifying it. Its poor pigmentation produces rosé wines of lively floral aromas and a juicy palate.

Appellation: PGI Lefkada • Grape: Mavropatrino 100 % • Soil: Rocky limestone, no irrigation, spraying twice with bluestone (copper) • Alcohol: 14,2 % • Total sulphites: 0 mg/l • Indigenous yeasts, manually in crates harvested • USDA certified organic wine.

## DOMAINE DE KALATHAS • JERÔME BINDA

Tinos

### TO KOKKINAKI DRY ROSÉ

0,75 l ... 70,00 €

Appellation: Vin de Pays • Grapes : 60% Koumariano, 30 % Mavro Potamisi, 10 % Kondoura (Local Mandilaria) • Alcohol: 13,5 % • Total sulphites: 0 mg/l • Hand-harvested, foot-trod, gentle slow vertical press. • Spontaneously fermented wine.

# RED WINES

DOMAINE DE KALATHAS • JERÔME BINDA  
Tinos

TO KOKKINO DRY RED  
0,75 l ... 75,00 €

Appellation: Vin de Pays • Grapes : 60 % Mavro Potamisi from very old franc de pied vines, 30 % Koumariano, 10 % Kondoura • Alcohol: 12,5 % • Total sulphites: 0 mg/l • Blend of different vats containing layers of destemmed grapes and whole bunches macerating during the whole fermentation.

LYRARAKIS WINERY  
Liatiko Sitia • Crete

LIATIKO AGGELIS DRY RED  
0,75 l ... 49,00 €

Appellation: PGI Crete • Main grape: Liatiko • Soil: Clay, no irrigation, biological • Alcohol: 14,5 % • Total sulphites: 40 mg/l • Indigenous yeasts, hand-harvested, non-filtered.

# RED WINES

SCLAVOS WINES WINERY  
Lixouri • Kefalonia

MONAMBELES DRY RED  
0,75 l ... 48,50 €

This wine comes from organic grapes of the local variety Mavrodafni Kefallinia that are grown in a biodynamic way in cup-shaped own-rooted vineyards. The age of the vineyards is over seventy years, the altitude is about 250 meters and the soil composition is limestone (marl limestone – Maltese slab). The harvest takes place in the first fortnight of September. The winemaking process is biodynamic and includes a long extraction, completion of the alcoholic and malolactic fermentation with native yeasts, aged in French five-liter Allier oak barrels and in a three-ton oak winemaker for at least twelve months. The bottling process does not involve further procedures. The wine produced has excellent density and dyeing capacity. The character is robust with aromas of spices, ripe fruits and vanilla flavor, has a strong body, the acidity is quite good with crunchy delicious tannins and long aftertaste.

Grapes: Mavrodafni • Soil: Margaic limestone, no irrigation, organic wine with Demeter certification • Alcohol: 13,3 % • Total sulphites: 48 mg/l • Indigenous yeasts, hand-harvested.

# COCKTAILS

## High end drinks

DRY & ISLANDIC ... 16,00 €

London dry gin • dry vermouth •  
sea water • caper & fresh lemon oils

MOXIE ... 16,00 €

London dry gin • French rhubarb liqueur •  
organic honey • fresh organic lemon juice •  
mountain tea espuma • Peychaud's Bitters

FRESH AND LOWDOWN ... 16,00 €

London dry gin • a sense of mastiha spirit •  
fresh organic lemon juice • bergamot espuma  
& powder • Peychaud's Bitters

TRIFECTA NEGRONI ... 16,00 €

London dry gin • Italian Cynar amaro • Italian  
red vermouth • Campari • organic fennel aromas

SINNER ... 17,00 €

Pot still vodka • Green Chartreuse •  
fresh organic lemon juice • organic agave syrup •  
drops of olive oil & cardamom bitters

PIRATES GOSPEL ... 16,00 €

Jamaican aged rum • small batch Irish whiskey •  
French rhubarb liqueur • citrus oleo saccharum •  
fresh organic lemon juice • Peychaud's Bitters

INDIA MORENA ... 16,00 €

Jamaican aged rum • fresh organic lime juice •  
rooibos tea with rose fruit, hibiscus,  
almonds & cinnamon • ginger espuma

# COCKTAILS

## High end drinks

ALACRITY ... 16,00 €

Aperol aperitivo • organic chamomile syrup •  
fresh organic lemon juice • pink grapefruit soda •  
orange flower water

SONDER ... 17,00 €

American bourbon whiskey • prickly pear & sweet  
florina's peppers juice • organic chamomile aromas •  
fresh organic lemon juice & a stick of celery

LA LLORONA ... 17,00 €

Tequila blanco 100% agave • mastiha liqueur •  
jasmine green tea • handcrafted Cretan  
dittany tincture • fresh organic lemon juice

SWINGING BITTER TANGERINE ... 15,00 €

Lillet • homemade bitter pomeranz  
extract & juice • Xino Nero water

## Classics

MARGARITA ... 14,00 €

Tequila blanco 100% agave •  
fresh lime juice • Trois Citrus liqueur

MANHATTAN ... 14,00 €

Bourbon & Rye whiskey • sweet Italian vermouth • bitters

HEMINGWAY DAIQUIRI ... 14,00 €

Golden rum • fresh lime &  
grapefruit juice • Maraschino liqueur

# COCKTAILS

## Classics

MAITAI ... 14,00 €

Gold rum • Trois Citrus liqueur •  
orgeat • fresh lime juice & bitters

GIN BASIL SMASH ... 14,00 €

London dry gin • fresh lemon juice •  
basil leaves • Mastiha spirit

## Luminary drinks

OLYMPUS ... 12,50 €

Sideritis herbal infusion • fresh organic  
lemon juice • fresh organic ginger juice •  
organic honey • Xino Nero water

ASIAN TWIST ... 12,50 €

Jasmine green tea • orgeat aromas • organic  
honey • fresh organic lemon juice • tonic water

ARABIAN NIGHT ... 12,50 €

Rooibos herbal tea (no caffeine) •  
dried hibiscus flowers • organic orange peels •  
rose calyces • fresh organic lemon juice •  
fresh organic ginger juice • Xino Nero water

# VODKA & RAKI

## Vodka

KETEL ONE

40 % • 100 % GMO free winter wheat • Netherlands  
30 ml ... 6,50 € • 60 ml ... 13,00 €

CÎROC

40 % • Made from grapes • France  
30 ml ... 12,00 € • 60 ml ... 24,00 €

GREY GOOSE

40 % • Made from wheat • France  
30 ml ... 13,00 € • 60 ml ... 26,00 €

DISTIL No. 9

40 % • Made from single grain wheat •  
Limited edition • Ukraine  
30 ml ... 15,00 € • 60 ml ... 30,00 €

BELUGA NOBLE VODKA

40 % • Wheat malt spirit • Russia  
30 ml ... 13,00 € • 60 ml ... 26,00 €

RAKI from Tinos Island

42 %  
100 ml ... 8,00 € • 400 ml ... 32,00 €

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# GIN

## BROKER'S

40 % • Dry Gin • UK

30 ml ... 6,50 € • 60 ml ... 13,00 €

## TANQUERAY NO. 10

47,3 % • Distilled with fresh  
citrus and botanicals • UK

30 ml ... 9,00 € • 60 ml ... 18,00 €

## FIFTY POUNDS

43,5 % • Rare and handcrafted  
London Dry Gin • UK

30 ml ... 8,00 € • 60 ml ... 16,00 €

## SIPSMITH

41,6 % • London Dry Gin • UK

30 ml ... 9,00 € • 60 ml ... 18,00 €

## HENDRICK'S

44,4 % • Handcrafted • Scotland

30 ml ... 9,00 € • 60 ml ... 18,00 €

## THE BOTANIST

46 % • Islay Dry Gin • Scotland

30 ml ... 12,00 € • 60 ml ... 24,00 €

## MONKEY 47

47 % • Schwarzwald Dry Gin • Germany

30 ml ... 12,00 € • 60 ml ... 24,00 €

# WHISKEY

## AUCHENTOSHAN

40 % • 12 year old • Single malt • Scotland

30 ml ... 11,00 € • 60 ml ... 22,00 €

## BRUICHLADDICH The Classic Laddie

50 % • Islay single malt • Scotland

30 ml ... 11,00 € • 60 ml ... 22,00 €

## LAPHROAIG

40 % • Islay single malt • Scotland

30 ml ... 10,00 € • 60 ml ... 20,00 €

## REDBREAST

40 % • 12 year old • Ireland

30 ml ... 11,00 € • 60 ml ... 22,00 €

## TEELING

46 % • Single grain • Ireland

30 ml ... 9,00 € • 60 ml ... 18,00 €

## THE GLENLIVET

40 % • 15 year old • Oak malt • France

30 ml ... 11,00 € • 60 ml ... 22,00 €

## NIKKA

51,4 % • Japan

30 ml ... 15,00 € • 60 ml ... 30,00 €

## WILD TURKEY

40,5 % • Kentucky straight bourbon • USA

30 ml ... 6,50 € • 60 ml ... 13,00 €

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# RUM

## CHAIRMAN'S RESERVE

40 % • Saint Lucia

30 ml ... 6,00 € • 60 ml ... 12,00 €

## APPLETON ESTATE

40 % • Jamaica

30 ml ... 6,00 € • 60 ml ... 12,00 €

## RUM-BAR GOLD

40 % • Jamaica

30 ml ... 6,50 € • 60 ml ... 13,00 €

## BARBANCOURT

43,5 % • 15 year old • Haiti

30 ml ... 13,00 € • 60 ml ... 26,00 €

## R. L. SEALE'S

46 % • 10 year old • Barbados

30 ml ... 11,00 € • 60 ml ... 22,00 €

## DOORLY'S

40 % • 12 year old • Barbados

30 ml ... 11,00 € • 60 ml ... 22,00 €

## CLEMENT

40 % • V.S.O.P. • Martinique

30 ml ... 11,00 € • 60 ml ... 22,00 €

## J.M X.O

45 % • Très vieux rhum agricole • Martinique

30 ml ... 15,00 € • 60 ml ... 30,00 €

## J.M V.S.O.P.

43 % • Très vieux rhum agricole • Martinique

30 ml ... 15,00 € • 60 ml ... 30,00 €

# TEQUILA & MEZCAL

## Tequila

### OCHO

40 % • Blanco

30 ml ... 5,50 € • 60 ml ... 11,00 €

### OCHO

40 % • Reposado

30 ml ... 5,50 € • 60 ml ... 11,00 €

### ALTOS

38,5 % • Plata

30 ml ... 5,50 € • 60 ml ... 11,00 €

### ALTOS

38 % • Reposado

30 ml ... 5,50 € • 60 ml ... 11,00 €

### CORRALEJO

38 % • Reposado • Triple distilled

30 ml ... 8,00 € • 60 ml ... 16,00 €

### CENOTE

40 % • Blanco • 100 % Agave azul

30 ml ... 8,50 € • 60 ml ... 17,00 €

### CENOTE

40 % • Reposado • 100 % Agave azul

30 ml ... 9,50 € • 60 ml ... 19,00 €

### FORTALEZA

40 % • Blanco

30 ml ... 15,00 € • 60 ml ... 30,00 €

### FORTALEZA

40 % • Reposado

30 ml ... 19,00 € • 60 ml ... 38,00 €

## Mezcal

MONTELOBOS ... 11,50 €

43,2 % • Artisanal

30 ml ... 10,50 € • 60 ml ... 21,00 €

# SALTY

## Olives

from Mani Lakonia, Peloponnese

KALAMON & KORONEIKI OLIVES ... 8,50 €

## Cheese

from Ios island

AGED GRAVIERA CHEESE &  
AGED PEPPER UNPASTEURIZED  
GRAVIERA CHEESE ... 18,50 €

Made from goat and sheep milk •

Served with a homemade assortment of fig  
mustard, fig relish, fig preserve.

## Breads

ORGANIC SELF-MADE VEGAN &  
GLUTEN FREE BREAD ... 7,50 €

ORGANIC BUCKWHEAT, CAROB & SPELT  
BREADSTICKS FROM CRETE ... 7,50 €

# SWEETS

You will find  
a daily selection of  
raw cakes, cakes,  
tartes and mousses,  
made in our patisserie.

At our restaurant  
we showcase how much  
nature has to offer.

Our menu is focused  
on using seasonal and  
ethically sourced ingredients.

We prepare food  
as simple as possible,  
in a mindful manner.

# SPREADS & BREADS

## Spreads

CARROT ... 9,00 €

Spring onion • coriander • yogurt • pistachio

BEETROOT ... 9,00 €

Cumin • lemon • tahini • walnut

AUBERGINE ... 9,00 €

Pickled aubergine • spring onion • ginger • yogurt

RED PEPPER ... 9,00 €

Tomato • chilli • olive • feta cheese • almonds

LENTIL HUMMUS ... 9,00 €

Lentils • red pepper • spices • tahini

3 SPREADS OF YOUR CHOICE ... 16,00 €

## Breads

ORGANIC SELF-MADE VEGAN &  
GLUTEN FREE BREAD ... 7,50 €

ORGANIC BUCKWHEAT, CAROB & SPELT  
BREADSTICKS FROM CRETE ... 7,50 €

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# GARDEN & FIELD

HERBS ... 12,00 €

Herb salad • rocket • fig • almonds

KALE ... 13,00 €

Kale salad • spring onion cream •  
chili • lemon

BLACK LENTIL ... 14,00 €

Black lentils salad • «pligouri» groat •  
sweet potatoe • vegetables • xino cheese

BEETROOT ... 13,00 €

Beetroot salad • grilled spring onion •  
mint • feta cheese cream

CELERY ROOT ... 15,00 €

Roasted celery root • celery root puree •  
pickled celery root • herb couscous • almonds

# GARDEN & FIELD

AUBERGINE ... 13,00 €

Roasted aubergine • black garlic •  
tomato • caper • pine nut

ZUCCHINI ... 15,00 €

Grilled zucchini • mint •  
bottarga • basil oil • labneh

CARROT ... 14,00 €

Roasted carrots • hummus •  
herb salsa • pine nuts

CHICKPEA ... 14,00€

Baked chickpeas • carrots • dates •  
coriander • marinated feta cheese

ORZO ... 18,00 €

Wild mushrooms • thyme •  
chives • graviera cheese

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# EARTH & SEA

CHICKEN ... 18,00 €

Grilled chicken thigh • lemon • oregano •  
sweet potato puree • feta cheese

BEEF ... 17,00 €

Slow cooked beef • aubergine puree •  
leek • dried myzithra cheese

BEEF ... 24,00 €

Beef fillet • spinach • pomegranate  
labneh • herb salsa • carob

LAMB ... 19,00 €

Minced lamb dumplings •  
burnt butter • paprika • yogurt

FISH FILLET (CATCH OF THE DAY) ... 32,00 €

Almyra greens • <taramas> fish roe mousse •  
fish veloute sauce  
NOT EVERY DAY

Our menu celebrates the tradition of organic food before industrial farming dominated. We prioritize seasonal, local, and organic Greek ingredients.

We cater to dietary preferences with gluten-free, refined sugar-free dishes, free from preservatives and additives.

We strive to reduce plastic usage and waste. Our self-produced detergents and limited use of certified bio-chemicals contribute to sustainability.

Our products are organic,  
except spirits, beer, sodas and waters.  
Our cakes and desserts are sweetened with  
agave syrup, coconut sugar or date syrup.

Our local Greek suppliers  
provide us with the products  
we don't grow ourselves in the garden.

Please inform us about any allergies  
you might have, as we use in our kitchen  
nuts, sesame, legumes, eggs, dairy  
products, mustard, celery and flours.  
Not suitable for people with celiac.

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Concept & design of  
GARDEN OF IOS by  
Anina Diener

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Cocktail menu by  
Kolokotroni 9 Bar • Athens  
Kolokotroni 9 • Athens 10562

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Food menu by  
Constantinos Kardaras

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Sweets by  
Anina Diener

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[www.gardenofios.com](http://www.gardenofios.com)  
@gardenofios

Service and taxes  
24 % are included.

Consumer is not obliged to pay  
if the notice of payment has not  
been received (receipt-invoice)

Inspector Market Officer: Anina Diener